

TERM NEWSLETTER

OUR COMMITTEE DOES A FANTASTIC JOB AND WE ENCOURAGE ALL NEW PARENTS OF GYMNASTS TO JOIN US.

Our committee structure going forward is structured to have assistant/buddies for our roles, to ensure support to our committee members, growth within our growing club. Please welcome 2024/2025 members as follows:

PRESIDENT: KATRINA BAGLEY

**SECRETARY: NICOLE JOHANSEN
BUDDY: KAREN EGLINTON**

COACHING SESSION LEADERS: MEGAN LIND & COLLEEN CADMAN

SOCIAL MEDIA: KATRINA BAGLEY

**TREASURER: ERIN FOWLER
BUDDY: ANNA PATEL**

**GRANTS OFFICER: ANITA MCGRATH
BUDDY: JANENE WILCOX**

**FIRST AID: ERIN FOWLER
FIRST AID BUDDIES: KIRSTIE CHEN/GREAGH LOVE**

YOUTH MEMBER: MEGAN LIND

**HEALTH & SAFETY OFFICER: KAREN LIND
BUDDY: MEGAN HAWKINS**

**VOLUNTEER CO-ORDINATOR: SIMONE HILLIS BUDDY:
TONYA WATERS**

**SAFEGUARDING CHILDREN OFFICER: SIMONE HILLIS
BUDDY: TONYA WATERS**



Its with great pride that we welcome you to Term 3 of 2024 season! We're excited that its almost here! Come and join the friendly fun vibe that is Matamata Gymnastics Club! We're really happy to be continuing our preschool class again - so let your friends know who have preschoolers to register to secure their spot as soon as possible. Its been really popular!

A usual club night will start with a warm up session and then children will be split into groups of similar abilities for coaching on specific equipment and skills.

All children will work towards a badge (Kiwi Fun Gym for Juniors and Incentive Awards for Seniors).

Children are placed in sessions and groups according to age, experience and the overall numbers of participants. Groups and timing may be adjusted as we get to know the ability of the children.

WHEN: WEDNESDAY NIGHTS
WHERE: HEADON STADIUM
4:00pm to 4:50pm: Preschool class
5pm to 6pm:
Gym For All: Younger kids and Tumbling group - Nicole to email
6:10 pm to 7:10 pm Gym For All: Older kids

REGISTRATION

PRESCHOOL

TUMBLING

RECREATIONAL

\$100 PER CLASS PER TERM

Registration is completed online via our website www.matamatagymnastics.co.nz. If you're returning, please login at the top of the page and register. If you're new to our club, then go ahead and create yourself a new login. Once you register you should receive an email with your successful registration and your invoice will be attached. If you are having trouble with this, please contact our secretary on matamatagymclub@gmail.com.

As gymnastics has been extremely popular we offer registration to those in first and who have paid their fees. We have limited numbers we can offer gym to to fall within Council health and safety requirements.

SET UP/PACK DOWN

Our club is a fun thriving club that requires everyone to help with set up and pack down. The club is run by volunteers (including coaches/leaders and we do not have any paid members and can only run with the help of the parents who are involved. There is a lot of equipment to set up and pack down for gym but with many hands this is successfully done in a timely manner. We usually have a committee members/set up helper that direct where the gear goes in the storage and what order so please make yourself known and jump in to lend a hand (it all becomes clear one you've helped a few times!). Thanks in advance for your participation! Our new Volunteer Co-ordinator may contact you to help out :)

CLUB RULES

A few rules to ensure we tick the boxes for health and safety for all involved with gymnastics. Please have a read through and have a conversation with your children and any spectating children about these rules.

1. All gymnasts must wait on the seating provided during set up and outside of their session time to avoid any unnecessary mishaps or disruption to other gymnast's sessions. Gymnasts will be invited to sit on the mats near the front doors at the beginning of their session. For clarity, no additional children are to be on the floor unless they are asked by a coach to help coach/demonstrate. The club takes no responsibility for additional children on the floor.

2. All children must be accompanied into the stadium and collected at the end of their session from inside the stadium, not in the carpark. The changeover between sessions is very quick and coaches are required to keep moving so your assistance with this is appreciated. This is in the interest of your child's safety. The Gym Club and its committee takes no responsibility once the children have left the building.

3. No jewelry is to be worn during gymnastics (with the exception of stud earrings).

4. No chewing gum allowed as this is a choking hazard.

5. Your gymnasts are required to dress in appropriate activewear for gymnastics. Items of clothing with zips, buttons and sharp sequins are not to be worn as they can get caught on the apparatus and cause wounds to gymnast's skin. T-shirts must be long enough to be tucked in as our gymnasts are regularly upside down.

6. We encourage all parents to stay at gymnastics to take an interest in their children's learning. In the event you cannot stay, parents/caregiver's must be able to be contacted during the gym session. If you wish to nominate an alternative contact person, please ensure your child's coach or session leader is aware of this.

7. No abuse towards volunteer coaches/leaders or committee members will be tolerated at any time. Similarly bullying of any kind, name calling etc and physical harm will not be tolerated. We do address this with our gymnasts as a whole group on the floor if we become aware of the behaviour. We encourage good sportsmanship, encouragement, and kindness between our gymnasts. In the event this behaviour does occur, the gymnasts involved will be asked to remedy their behaviour. If the behaviour is not remedied after the first instance, they will be asked to sit to spectate for 15 minutes of the session. If the behaviour is still not remedied after they return to the floor, we will ask them to sit to spectate for the rest of the session. We take the stance that we are here to coach gymnastics and wish to get the best out of our sessions. To do this, we ask that parents deal with any inappropriate behaviour such as bullying, being unattentive to coaching, being disruptive etc. so we can focus on delivering our gymnastics programme. We thank you for your understanding in advance.

Please Note:

It is extremely helpful to coaches and gymnasts that noise is kept to a minimum while watching your child during the session as the stadium can get rather noisy. Coaches need to be heard without yelling.

Please provide a warm top for your child to wear before and after their session. Please also provide a drink bottle. No food or drink is to be consumed on the gym floor. We ask that the bins provided are used for any rubbish.

If your child has a medical condition please talk to the session leader about this and provide necessary medications and treatment plans (particularly asthma, allergies and diabetes).

Please be mindful if you see children using the bathrooms, to once in a while check that they have turned off taps prior to exiting.

Thanks again and lets have a great term of gymnastics!